

COMMENTS: _____

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
JAN																																
FEB																																
MAR																				●												
APR																																
MAY																																
JUN																					○											
JUL																																
AUG																																
SEP																					●											
OCT																																
NOV																																
DEC																					●											

0:15
OK

TREATMENT TIME PER SIDE (mm:ss)
TREATMENT RESULT CODES: OK=MINIMAL EFFECT;
LP=LIGHT PINK; SE=BURNS; ED=BURNS+EDEMA!

SOLAR SEASONS: (NORTH HEMISPHERE)
○ SUMMER SOLSTICE (MAX. UVB)
● WINTER SOLSTICE (MIN. UVB)
● EQUINOX

NAME: _____
YEAR: _____